

**Governor’s Council on Physical Fitness and Nutrition  
Tuesday, December 8, 2009**

**Location, New Judicial Building, 1111 East Court Avenue, Supreme Court Board Room  
8:30 am-1:30 pm**

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**AGENDA**

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*Results for the Meeting:*

- Review progress of challenge and review roles in support of that effort
- Continue developing Council communication procedures and plan
- Determine what role others can play in advocacy effort

8:30 – 8:45	<ul style="list-style-type: none"><li>• Welcome / Updates</li><li>• Approve Minutes</li></ul>
8:45 – 9:00	<ul style="list-style-type: none"><li>• Staff Updates</li></ul>
9:00 – 9:25	<ul style="list-style-type: none"><li>• The <b>HealthierUS School Challenge</b> update; marketing ideas for challenges</li></ul>
9:25 – 9:40	<ul style="list-style-type: none"><li>• Physical Activity Subcommittee Report</li><li>• Global Forum for P.E. Update</li></ul>
9:40 – 9:50	<ul style="list-style-type: none"><li>• Nutrition Subcommittee Report</li></ul>
9:50 – 10:00	<ul style="list-style-type: none"><li>• Stretch Break</li></ul>
10:00 – 10:20	<ul style="list-style-type: none"><li>• Live Healthy Iowa and Live Healthy Iowa Kids/Governor’s Challenge update</li></ul>
10:20 – 11:20	<ul style="list-style-type: none"><li>• Criteria development and discussion about endorsements/sponsorships</li></ul>
11:20 – 11:45	<ul style="list-style-type: none"><li>• Evaluation efforts for challenges</li></ul>
11:45 - 12:15	<ul style="list-style-type: none"><li>• Lunch (Provided for Council members)</li></ul>
12:15 - 1:15	<ul style="list-style-type: none"><li>• Developing Standardized Processes for the Council</li></ul>
1:15 – 1:30	<ul style="list-style-type: none"><li>• Wrap up</li><li>• Next meetings</li><li>• Next steps</li></ul>

In the morning beverages, muffins, and fruit will be provided.

**NEXT MEETINGS:**

**January 28, 2010; March 25, 2010; May 27, 2010**